

# Looking to build new skills? Become a Worker Representative!



**Looking to build new skills and make a real impact at work?** In addition to ensuring the well-being of your colleagues, becoming a Worker Health and Safety Representative is also a chance for you to develop valuable skills and knowledge. It's more than just attending meetings; it's an opportunity to grow both personally and professionally.

## What are the benefits?

You'll receive training on safety procedures, investigation methods, and more, all of which will allow you to develop transferable skills. Plus, you'll gain experience in leadership, problem-solving, and communication, making you a stronger, more well-rounded professional:

- **Communication Skills:** Regularly communicate with team members and management to discuss and resolve safety issues.
- **Knowledge of Workplace Health and Safety:** Stay up-to-date on regulations, safety practices, and risk prevention.
- **Collaboration and Teamwork:** Work closely with other committee members to make sure everyone is heard, and solutions are implemented.
- **Conflict Resolution:** Help resolve safety concerns, mediate between workers and management, and make the workplace more inclusive and safe.

## Your Responsibilities:

- **Hazard Identification:** Identify unsafe conditions and situations, advise on potential solutions
- **Site Inspections:** Participate in monthly inspections, review trends, develop corrective actions
- **Worker Engagement:** Address workers' health & safety concerns. Consult to address any safety related concerns
- **Investigations:** Conduct investigations of incidents, near-misses and unsafe work refusals
- **Recommend Improvements:** Suggest ways to enhance workplace health & safety. Advise employer on proposed changes!



## What training is needed?

### For workplaces with 20 or more workers

Any new worker health and safety representative must receive **at least eight hours of training** on the following topics:

- The duties and functions of a joint committee
- The rules of procedure of the joint committee
- The requirements around conducting incident investigations
- The requirements around conducting regular workplace inspections, and how to make regular inspections
- The requirements around responding to a refusal of unsafe work
- The requirements for annually evaluating the joint committee

### For workplaces with 10 to 19 workers

Any new worker health and safety representative must receive **at least four hours of training** on the following topics:

- Duties and functions of a worker health and safety representation
- Accident and incident investigations
- Workplace Investigations
- Refusal of unsafe work

## Looking for more Health & Safety Resources?

go2HR is the resource for people in tourism, and the Health and Safety Association for the Tourism & Hospitality industry of BC.

Your safety and well-being on the job are crucial to creating a positive, productive, and enjoyable work environment.

**Use the QR Code to find more resources and training on the go2HR Worker Hub.**

